

Hirides

La Dolce Vita on two wheels off the beaten path

Dolomites,
Gardena Valley



HOTEL
GARDENA
GRÖDNERHOF

Gourmet Hotel & Spa
★★★★★



Group ride: From min 2 to max 14 cyclists

Bicycle rental: e-Gravel or Gravel Bike

Daily bike tour: Two different itineraries each day light lunch at end of bicycle ride

Support on the bike:

Certified guides who ride with the guests.

Support wagon for assistance and broom service.

Extended spare battery for the guests' e-bikes
























Drinks and Energy bars

Bike apparel: For every guest, we prepare a customized bike apparel set

Guest insurance coverage: Italian civil liability and Italian sanitary health

Airport transfers: Upon request, we can pick-up and drop-off guests directly at the airport

Tour logistics

From 2 to 3 guests	 Guests and support Van	 E-Gravel Bicycle	 Mechanic / Driver	 Certified Guides	 Bike daily Itineraries	 Custom bike kit	 Guest Insurance	
From 4 to 7 guests	 Guests Van	 Support Van	 E-Gravel Bicycle	 Mechanic / Driver	 Certified Guides	 Bike daily Itineraries	 Custom bike kit	 Guest Insurance
From 8 to 14 guests	 Guests Van	 Support Van	 E-Gravel Bicycle	 Mechanic / Driver	 Certified Guides	 Bike daily Itineraries	 Custom bike kit	 Guest Insurance

e-Bicycles, Support Team, Insurance

BIANCHI e-GRAVEL BICYCLE

A professional carbon electric bicycle from our partner Bianchi will be prepared for each guest.

The autonomy of the bicycle is enough to carry out the tours we propose, so that the guest can enjoy the ride to the fullest and end the day in complete tranquility.

Guests will find the bicycle upon their arrival at the hotel prepared according to their measurements and preferences.



Bianchi e-Arcadex Carbon eGravel
Shimano GRX Disc 11-Speed, BOSCH CX
Motor Drive, 500W Battery

HIRIDES SUPPORT TEAM

The tour will be managed by a staff: **1 or 2 guides and 1 mechanic/driver**.

The guides support the guests both in the cycling experience and in the leisure experiences and will manage the logistics of the guests.

The mechanic manages the good functioning of the bicycles and will take care of the well-being of the guests on the bike with water, isotonic dinks, coke, nuts, dried fruits.

The broom service will also be managed which allows the guest, if he feels tired, at any time during the journey, to get on the van to return to the hotel.

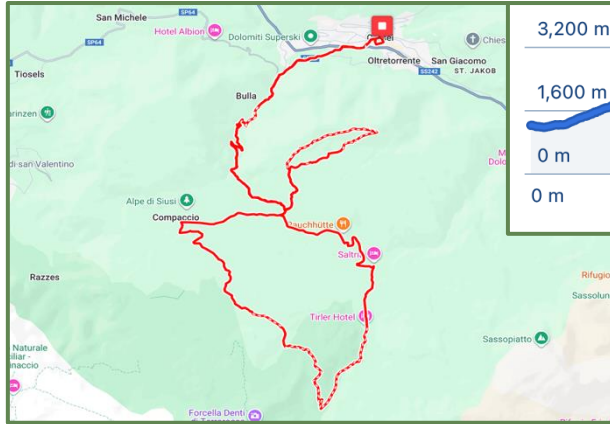


Travel Insurance specific for cyclists

- **Civil Liability Insurance Service**
- **Italian Health Insurance** for non European citizens,
 - Access to Italian health facilities.
 - Transportation to the health facility for treatment.
 - Treatment and hospitalization

Bicycles Itineraries

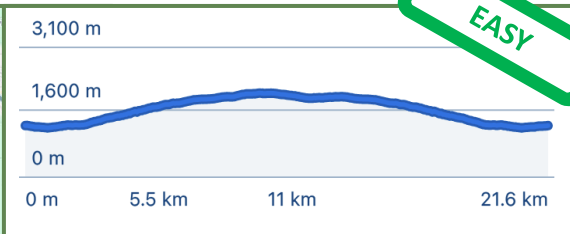
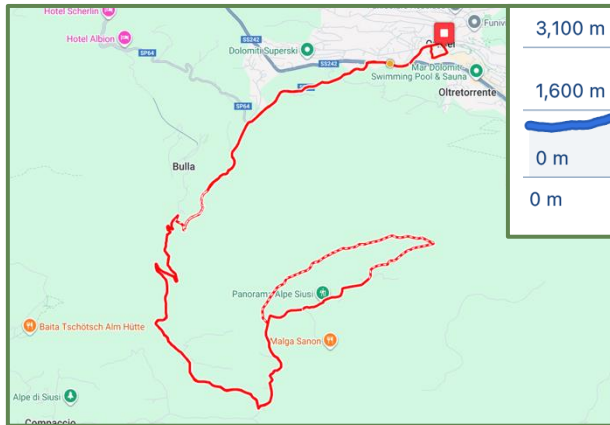
Alpe di Siusi tour – Long



MEDIUM

- Cycling time: 4 hours
- Distance: 38 km
- Climbing ascent: 1400 mt
- Gravel unpaved: 25%

Alpe di Siusi tour – Short



EASY

- Cycling time: 3 hours
- Distance: 22 km
- Climbing ascent: 950 mt
- Gravel unpaved: 20%

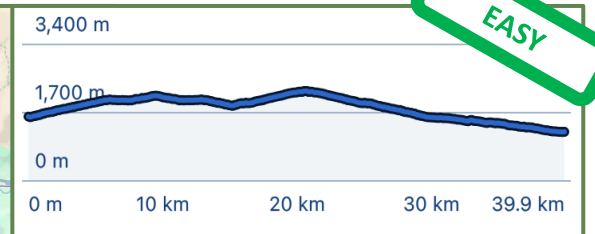
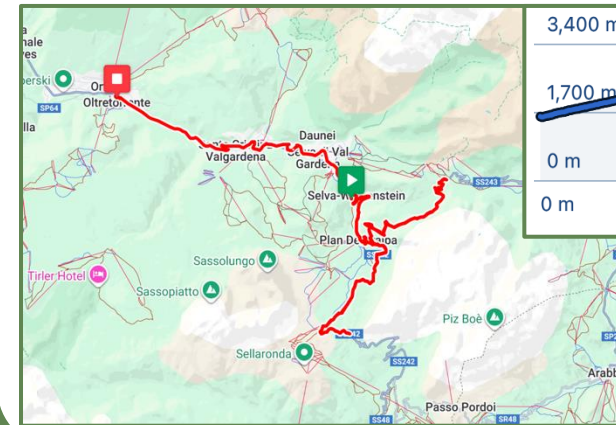
Sella mountain, 4 passes tour – Long



DEMANDING

- Cycling time: 5 hours
- Distance: 66 km
- Climbing ascent: 1780 mt
- Gravel unpaved: 0%

Sella mountain, 2 passes tour – Short

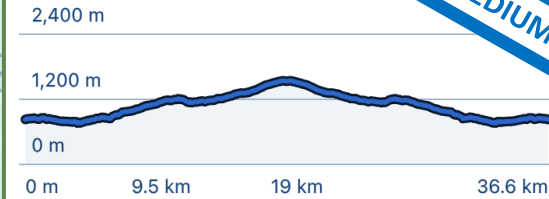
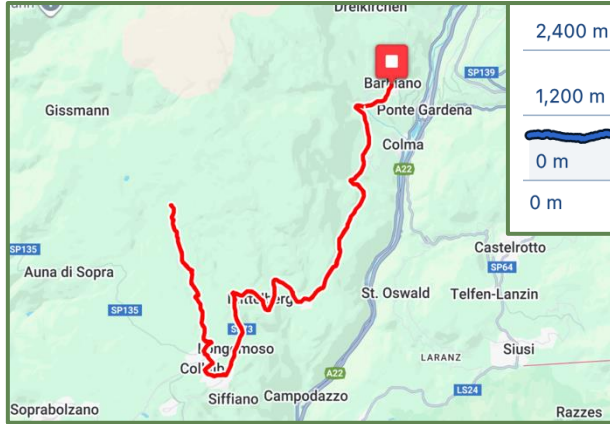


EASY

- Cycling time: 3/4 hours
- Distance: 40 km
- Climbing ascent: 950 mt
- Gravel unpaved: 0%

Bicycles Itineraries

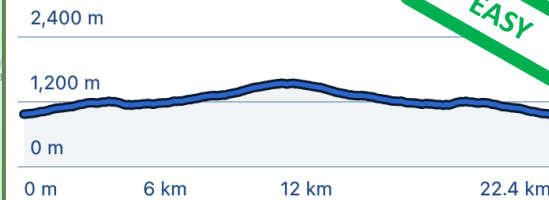
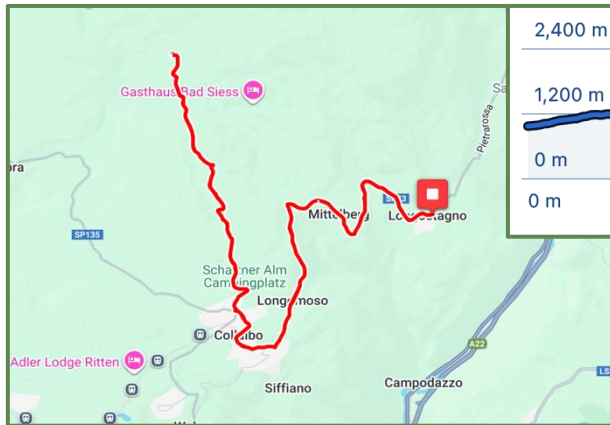
Renon Horn tour – Long



MEDIUM

- Cycling time: 4 hours
- Distance: 37 km
- Climbing ascent: 1200 mt
- Gravel unpaved: 0%

Renon Horn tour – Short



EASY

- Cycling time: 3 hours
- Distance: 23 km
- Climbing ascent: 780 mt
- Gravel unpaved: 0%

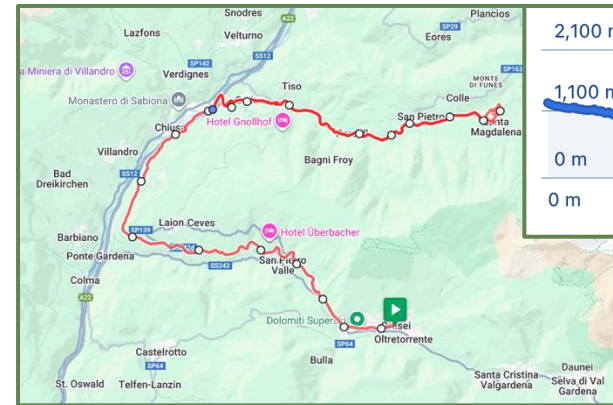
Odle Mountain Balcony tour – Long



MEDIUM

- Cycling time: 4 hours
- Distance: 48 km
- Climbing ascent: 1200 mt
- Gravel unpaved: 0%

Odle Mountain Balcony tour – Short



EASY

- Cycling time: 3/4 hours
- Distance: 47 km
- Climbing ascent: 990 mt
- Gravel unpaved: 0%

Experiences: Guided tours, workshops, tasting, cooking class

Abbazia Novacella with wine tasting



A unique experience combining art, culture, and gastronomy. You'll discover the monastery and its museum from a unique perspective. You'll experience the monastery from a new perspective. You'll **taste wines** from the historic Kloster Neustift cellar, accompanied by raw milk cheeses from the affineur Hansi Baumgartner of Vahrn.

Hay baths on the Siusi plateau



Phytobalneotherapy purifies the skin and stimulates circulation thanks to the heat released by fermenting alpine herbs. Rich in flowers and aromatic herbs, hay exudes the intoxicating scent of grass in full bloom: arnica, lady's mantle, mugwort, pasqueflower, yarrow, gentian, cinquefoil, primrose, buttercup, and columbine, to name just a few.

Experiences: Guided tours, workshops, tasting, cooking class

Bolzano, walking guided tour



Bolzano, the capital of South Tyrol, explore its charming streets and medieval buildings. Bolzano's lifestyle is a blend of Italian and German, and it's fascinating to understand the differences. Take a stroll through the city to discover its ancient squares and shopping arcades.

Tasting of Dairy Treasures



Tasting of South Tyrolean and international cheeses aged in a World War II bunker. The master cheesemaker warmly invites you to sample specialty cheeses in a unique atmosphere. Cheeses aged for months or years from unique dairy specialties, almost treasures.

Experiences: Guided tours, workshops, tasting, cooking class

"We'll hang you on the wall"



"We'll hang you on the wall"—that's not a threat, don't worry. We'll teach you an indoor free climbing lesson with different difficulty levels based on your ability. It'll be fun; you'll do it with an instructor from the Salewa Cube climbing center in Bolzano, who will actually hang you on the wall.

Enrosadira pink sunset



The pink Dolomites in Val Gardena, as the day slowly draws to a close and the sun sets, the Dolomites offer a stunning natural spectacle: as darkness falls in the valley, the striking peaks, towers, and rock faces of the Dolomite massifs briefly change color, glowing a delicate pink-orange, then turning fiery red and purple. The Enrosadira (Alpenglow) is a phenomenon that immerses evenings in a magical atmosphere.

Experiences: Guided tours, workshops, tasting, cooking class

Luxury shopping tour in Verona



Imagine yourself in Italy's most romantic town, chosen by William Shakespeare as the setting for his most famous play. Wander through the narrow streets, and clues will lead you to the terrace where Juliet stood to listen to Romeo's declarations of love. With a little attention, you'll also find many glamorous addresses where you can combine art, shopping, creativity, and a touch of luxury. No hassle, our personal shopper will guide you.

Luxury shopping tour in Venice

FULL DAY



A full day of luxury shopping in Venice, assisted by our personal shoppers, big brands, and small artisan workshops. The day begins well before your vacation begins, with the preparation of the itinerary to avoid wasting time on uninteresting visits. Once the itinerary is finalized, including any private visits, it will be a day full of wonderful things.

Dining Delights



Pitzok Restaurant

Oskar and Ingrid have created a family-friendly place with a unique atmosphere, featuring brushed larch wood paneling, loden chairs, and a glass terrace with a breathtaking view. Superb Alpine cuisine features traditional dishes interpreted creatively, with a zero-mile approach. The wine cellar lives up to our high expectations. Our beloved favorite place.



Maso Kircherhof

An old 17th-century farmhouse, run by the same family for four generations. The menu is entirely based on an organic and sustainable supply chain, rooted in local traditions and with a curious and knowledgeable eye on contemporary trends. The dishes are colorful, and the service, all female, is friendly and available to explain the house philosophy.

Dining Delights



Paratoni mountain farm

Ladin cuisine in a historic farmhouse, with a panoramic view of the Sassolungo, the iconic mountain of Val Gardena. They are located at 1,585 meters above sea level, atop the sunny slopes of Santa Cristina, offering magnificent views of the Dolomites. True to the motto "small but good," it's a pleasant experience to spend a few hours in one of the farmhouse's cozy "stube" rooms.



Oste Scuro - Finsterwirt

A historic gastronomic landmark in Bressanone since the second half of the 19th century, it is run by the Mayr family. The charm of history adorns the rooms (the summer terrace is also enchanting), while the kitchen offers a selection of à la carte menus, including traditional dishes and more Mediterranean options. Alto Adige cuisine interpreted to the highest standard.

Weather by month

Average temperature and monthly rain forecast

Monthly rain forecast legenda

- 0 No rain forecast
- 1 Sporadic, non-continuous
- 2 A few days of rain
- 3 Several days of rain

Month	APR	MAY	JUN	JUL	AUG	SEP	OCT
	F°	F°	F°	F°	F°	F°	F°
High temperature	54°	61°	68°	73°	72°	63°	52°
Low temperature	36°	41°	48°	52°	52°	45°	37°
Rain forecast	2	2	3	3	3	2	2

Month	APR	MAY	JUN	JUL	AUG	SEP	OCT
	C°	C°	C°	C°	C°	C°	C°
High temperature	12°	16°	20°	23°	22°	17°	11°
Low temperature	2°	5°	9°	11°	11°	7°	3°
Rain forecast	2	2	3	3	3	2	2

Hirides

L a D o l c e V i t a o n t w o w h e e l s o f f t h e b e a t e n p a t h

info@hirides.com

www.hirides.com